

Bruce Lindgren's Stack

A weekly amalgam of curated and original notes piled high and deep.

Sunday, 21 July 2024

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21 July 2024

ToDo ...

Sunday— ~~Walk & Listen, Step Outline, Brunch,~~

Monday— ~~Walk & Listen, Step Outline, Calendar Review, BDS Notification,~~

Tuesday— ~~Walk & Listen, Step Outline, BDS Video,~~

Wednesday— ~~Walk & Listen, Step Outline, IKEA~~

Thursday— ~~Walk & Listen, Step Outline, PROVE~~

Friday— ~~Walk & Listen, Step Outline, Travel,~~

Saturday— ~~Walk & Listen, Step Outline, Des Moines,~~

Personal Mastery

My hope is to end every day knowing more than when the day started.

Writing—

PROVE and Northwestern University connections to DISCOVERY. Ask Lois for contact information.

Research—

Use PubMed to investigate PROVE and Northwestern University connections, protocol, PIs, finance, etc. ...

Exercise— Consider adding weight and swimming 1X or 2X per week to the Walk & Exercise Habit that has been so nicely cultivated due to the PROVE research program.

Discovery

Film Modeling: American Violet, Steel Magnolias, Oout of Bounds, Ascension Day, Nobody's Fool, Asylum, A Killer Romance, Roots: The Next Generations. ...

American Violet—When law is without order.....and justice is far from just.....one woman must take a stand ... a character is modeled after Mark Osler ...

Mark Osler, JD, Professor, St. Thomas School of Law ...

Canon Law—is a code of ecclesiastical laws governing the Catholic Church.

PROVE and Northwestern University connections to DISCOVERY. Ask Lois for contact information. Consider going to Chicago and Evanston IL on a research trip ... to better authenticate some of the descriptions that will inevitably be needed.

Reg said: It sure would be nice to be sharing with my wife time and space who was equally interested in sharing their time and space with me.

20240724 iPhone

MN State Faculty Alumni Club. The club will take an existing physical space and transform it using AV/IT technologies to enable participants to join conversations physically or virtually 24/7. I propose opening the facility in or on the campus on an existing Community College with a strong preference for MCTC.

Pre-twenty and Post-teen Years. The prime time for emancipation from oppression and realization of freedom.

Intel's Gaudi processors.

BMCC Rceives Over \$2M from NSF for Research to Raise Success of STEM Students with Disabilities

Borough of Manhattan Community College and the Research Foundation of The City University of New York have received \$2,251,904 from the National Science Foundation Division of Equity for Excellence in STEM.

L ycoming's environmental science major integrates elements of anthropology, biology, business, chemistry, economics, English, history, philosophy and political science, to understand and address challenges to creating and sustaining a healthy environment. environment.

[Read More...](#)

Bruce Lindgren
-- www.brucelindgren.com
From my iPhone

Notes Log

Opening Gambit

Reg Huttering strode across the quad at Riverbend University his gown draped over his forearm while his hand held the mortarboard. His mission was to deliver the graduation ceremony for just 73 seniors. This group was a sliver compared with over 600 graduates 5ive years ago and 2500 graduates a decade ago. As the new Provost he had agreed to help the university reverse its misfortunes and avoid closure or merger. He was a part of administrative overhead that was unsustainable. The university was paralyzed trying to understand itself and the chaos caused by its own decline.

His meeting earlier that morning in May with President Colin had not gone well. He learned that factions on the Board of Trustees were being adamant about liquidation of assets and closure during the upcoming summer months. With new facts at hand Reg had been forced to make several changes in his commencement address. Being a voice of optimism was no longer honest or ethical ... a happy face was no longer possible for Riverbend University.

When he accepted the appointment a Provost nearly two years ago, things he should have known were not revealed. Reg could not find any evidence that the President had been deceptive about the situation then. And, all indicators currently pointed to a honest effort by the President and his close associated to do what was right for Riverbend.

But continuing operation with the admission of a new class of students was no longer an option worthy of professional honesty and integrity. What was now an important priority was to enable existing students, all 599 of them, to complete a bachelors degree. This meant retaining faculty and maintaining the campus building.

The board of trustees was now on the fence regarding future financial support. Their positions were echoed by members of the legislature, some of whom represented other college and university campuses withing the Minnesota system of higher education. Several of these campuses were growing enrollment and adding programs. One, Minnesota State Univeristy, a hundred and fifty miles to the South of Riverbend was a vigorous and nationally recognized inistitution even beyond its athletic teams in football and hockey.

Hockey was one bright spot for Riverbend. Players continued to seek Reiverbend because of Coach Barney Mazuppa, a hall of fame player nearly three decades ago and a leader of proven capacities on and off the rink. Students admired the man beyond his athletic accomplishments. There were not infrequent calls for Mazuppa to be appointed President of the University. Some of these were not entirely faceous, including one member of the Minnesota Senate who was a former player on a Mazuppa team that had seriously challenged other players for a place on the US Olympic team.

No longer in fighting trim, Mazuppa, could assume an image of a curmegeon and rattle on about topics far beyond the hockey rink or locker room.

What is the sacrifice entailed with this opening gambit? Faculty, facilities, enrolled students, ... a play for something that seems self sacrificing bu t is really ... a play for greater advantage in the long run ... done in order to gain an advantage in a situation or game. ... a diplomatic

gambit ... a clever political gambit ... **something that you do or say that is intended to achieve an advantage and usually involves taking a risk:**

Additional Notes: (dictated 20240723)

- 1.) Reg and Riverbed may see a path forward through emulating the recruitment methods of their successful hockey coach. This will involve all of the area HS and CC that will become feeders for students in STEM disciplines. Reg has been working with the coach, members of the music faculty and the chemistry department.
- 2.) He Reg is particularly enthusiastic about a summer program for which he had obtained funding against some difficult odds and challenges that opened from residency on the part of reviewers and foundation administrators to take a chance on a University in decline. An important part of his argument was an intent to pursue novel approaches based on self-directed education and would draw disaffected students who otherwise may be dropouts or worse.
- 3.) Several members of the graduating class will already have benefited from greater choice and self-direction in completing their studies including advanced studies in their major. (with guidelines drawn from BFA & MFA programs.
- 4.) Reg uses his ChemEng Undergraduate experience as a guide for engagement of students with faculty in undergraduate research.
- 5.) In his commencement address he comments on the summer program but has difficulty with saying that the program is likely a last gasp ... for the university ...
- 6.) among the summer program participants will be a recent HS graduate from an area HS who has been attending an Ivy League U Dartmouth or Cornell where she is home for the summer primarily because an ailing parent is causing emotional distress for her. She has given up an opportunity at the Ivy League College to participate in a summer research program along with her college roommate, which whom she maintains frequent correspondence.
- 7.) Her HS teacher has facilitated connection with Riverbed and the summer research program.
- 8.) The Marquette MI surgeon Iso has a family and his wife and daughter are generally content with a materialistic existence, but looking for challenges outside of the UP ... Skiing in particular draws them to Colorado, Utah and Montana.
- 9.) His family finds his angel investing and philanthropy misguided ...

20240721 IC

- 1.) create a scheduling for discovery and break the schedule up into Act One, Act Two, Act Three; or Parts One, Two, Three. Continue working on the Opening Gambit as this will likely guide everything else that will fall into place. For an inciting incident as well as the juxtaposition of events in Act Two and a turning point leading to events of Act Three.
- 2.) It may be helpful to write a short 25-75 word, synopsis or abstract for each event.

- 3.) Maurice Merleau-Ponty 1944 *The Phenomenology of Perception*. It is here that Merleau-Ponty elaborates on Gestalt psychology and the wholeness of perception in terms of the five somatic senses but adds the importance of proprioceptive or visceral perceptions. It is well worth pursuing the extent to which Varela, Thompson and Roach cite Merleau-Ponty in their writing on the embodied mind. This also calls forth a question about whether Antonio Damasio cites Merleau-Ponty and if so how that may mesh in his writing about the philosophical considerations of Baruch Spinoza. Are there citations of Spinoza in the book by Merleau-Ponty?
- 4.) Artificial Intelligence may be every bit as difficult to define as is native or natural intelligence of humans and certain animals. It is however being used in admissions procedures to predict which students will succeed and which will not and is being applied in Community Colleges to anticipate or predict which students may need or benefit from remedial support.
- 5.) **Maurice Merleau-Ponty** followed **Jean Piaget** at the Sorbonne, after 1944 and into the early 1950s before he moved on to a chair of philosophy at the College of France.
- 6.) Accordingly Merleau-Ponty recognized the critical importance of early childhood and development. As we grow in an environment where talking and listening are fundamental, we *develop capacity to read emotions and movements and emotions and thus become capable, reflective, smoothly integrated beings*.
- 7.) Merleau-Ponty attempted to make sense of the connection between consciousness and the world. According to Merleau-Ponty it is **flesh** that we share with the world. As flesh I move and respond to things while I observe them.
- 8.) In 1952 Merleau-Ponty was made head of the department of philosophy at the College of France.
- 9.) It was at the Sorbonne that Merleau-Ponty succeeded Jean Piaget.
- 10.) Follow up with the notion that the perceptions of existential views on life may be the underlying sources of conflict between Reg and Paula. This could take the form of absoluteism or idealism or a dogmatic approach to what education is and is not about.
- 11.) The judgemental gaze of *other* in our life.
- 12.) The taste for evidence and the feeling for ambiguity which leads back-and-forth without ceasing—from knowledge to ignorance, from ignorance to knowledge.
- 13.) A criss-crossing ~~between consciousness~~ but between knowledge and questioning.
- 14.) The preceding comments on Merleau-Ponty are direct or paraphrase from Bakewell, Chapter 10.
- 15.) Reg follows the ethical philosophies of Patricia Churchland, while Paula takes the stance that ethics are metaphysical and hold divinity at a high level. Paula's faith is constantly challenged even though there are tenets of religious traditions and practice about which she is highly skilled. Reg by contrast is highly pragmatic in his everyday views. Where these two characters stand on matters of faith will represent a knowledge gap for other characters in the novel.

- 16.) The function of Reg's time in Chicago and NW University is to resolve issues of law and ethics that are unresolved in a pivotal chapter of his textbook on intellectual property and patent law.
- 17.) What event will set the stage for connecting Minnesota and Michigan
- 18.) 's UP?
- 19.) One of the biochemists could be repositioned to Northern Michigan. The Immunologist could have a connection from or in the UP. The Plane could crash in the UP carrying a member of the RU administration or and or faculty. A questions about the plane crash could lead to Jeff through Anni.
- 20.) The librarian's urgent need to get ahold of Anni may include a document that could involve or implicate Anni in the plane crash.
- 21.) It is through events and characters that the novel's plot will emerge.
- 22.) Paula's tangential faith connections are related to or an outgrowth of her interests in hymnology and hymnody. She could be a church pianist and perhaps even an organist for a cathedral related to the RU campus. The rector or pastor of this cathedral could be a character based on Jon Magnuson, Tim Hart Anderson and fully reflective of the theological elements related to Paul Tillich, Soren Kierkegaard and Reinhold Niebuhr.
- 23.) It may be though these ... of character, the rector that Paula's character arc may form as she struggles with the realities of Reg's departure from their marriage, AND the challenges that emerge from their daughters conflicts over theology and religion. She may have conversation(s) with her daughters responding to their questions about the breakup ...
- 24.) RU could be located in a city called ST. something, St Michael, Benjamin, Mark, Luke or John. The neighborhood could be called collegeville ... Is there a "Rector" at St. Mark's cathedral in Minneapolis?
- 25.) The cathedral could have the same name as the city.

Theocracy

See above *Canon Law* recognizing **ecclesiastical** orientation for the phrase. ... [United State Conference of Catholic Bishops](#) ... *Canon* is the Greek word for rule, norm, standard or measure. Canon is another name for LAW—canonical ...

In the Latin or Western Church, the governing code is the 1983 Code of Canon Law, a revision of the 1917 Code of Canon Law. A separate but parallel Code of Canons of the Eastern Churches, issued in 1990, governs the Eastern Catholic churches.

[838 +]

Patent Law

At **St. Thomas Sol**—IP courses at St. Thomas Law cover the major statutes protecting trademarks, copyrights, **patents** and trade secrets as well as privacy law, cybersecurity and ... Licensed to practice

before the United States **Patent** and Trademark Office, Minnesota Supreme Court U.S. District Court for the District of Minnesota, and the ... Thomas G Berg— is co-author of *Patents on Life: Religious, Moral, and Social Justice Aspects of Biotechnology* and Intellectual Property (Cambridge U. Press 2019, with ... It will begin with a short overview of copyright, **patent**, trademark, and related laws, and a short introduction to the international system of treaties/ ... International Relations Specialist, United States Department of Defense, Washington, D.C.. Laura Gisler headshot. **Laura Gisler** '14 J.D.. U.S. **Patent** Attorney ... **Mentor Manual**—**patent** application. Review a **patent** file history and issued **patent**; make a comparison to the current marketplace. International Law. Attend a ...

Events List

Copied from Google Doc

Reading the notes should prove to be of value in locating new Events.

- Vacation villa in Mexico
- Vacation City in Mexico
- Abord Airliner
- Office of Chicago Attorney
- The Place for Jack Shit
- Medical Clinic in Chicago
- Feinberg Med Hospital Ward ...
- Medical Ethics Seminar at Feinberg School of Med .
- Running on Lake Michigan waterfront ...
- Discussion of IP Law and Ethics Reg and MN Character ...
- Office of Biology Faculty member at RU – Paula presents Reg disappearance ...
- Country Club in Northern Michigan
- Country Club in Riverbend City ...
- Chemistry Research Lab of Dr. Bradley Beech ...
-

Education's Ecology

Empathy cannot be taught in a classroom.

Philosophical foundations for education have become entirely too thin to recognize anymore. The Pragmatism of John Dewey almost seem like anxiety history ... who are the recognized contemporary philosophers speaking on or for education ... Ask Alan Love, or Jolie Shackleford ... about UMN

faculty that may be engaged?

Where in in what ways does existentialism depart from the or a philosophy of science ...

Intelligence

Intelligence is the way a system is able to receive, process and output information. Learning is development of the capacity to use intelligence effectively. The uses of intelligence requires skill, knowledge and attitudes or values.

Artificial Intelligence or AI is a system built into a machine (a machine system) that receives, processes and outputs information. The machine uses neural networks and algorithms to develop and process input to output in a human defined way.

Empathy is an unlikely capacity of a machine; unless that would be empathy for another machine. Is it possible for a human being to be treated as a machine by another machine built with and based on silicon chips?

20240724 IC

- 1.) was Trump targetted political and by his politicaql opponents? YES! Of course he was. When his aspirations rose to the level of acquiring the highest office in the land and the most powerful office on earth. It was essential that he be the target of critically important questions. There are at least as many reasons for that as there are reasons to record and publicize for goo and for profit, all statements and actions that he takes to acquire the office and to persist in occupying the office. Trump is perportedly allegedly a business man. Accordingly he should fully understand that it is the business of edia to sell stories. If those stories are consistently in accuract, unreliable and or unpopular, the stories will not sell and be valueless. The sales are also greaty enhnace by the celebrity of the person supplying the stories. That is in no small part because the public regrettably relies on celebrity to enhance, but even guarantee, accuracy and reliability. Trump's celebrity is, in this light, both an asset and a libvility, which confirs on or burdens him with both opportunity and responsibility. And, that takes away his freedom to speak and act in ways that are neither accurate or reliable.
- 2.) That big toothy smile of Kamala Harris is probably worth at least 10 million votes.
- 3.) I often refer to Jim Carey as a cousin, when he is actually a second cousin, but uniquely a double second cousin. So I suppose one would ask, does a double second cousin equal a cousin. Nevertheless I greatly appreciate knowing him and recently he has provided enormous motivation to examine the field of artificial intelligence)AI).
- 4.) AI is a powerful new technology that is sweeping our enitre civilization. That is to say, there is likely no part of the human ecosystem that will not be affected by this technology.
- 5.) Text files and apparently even handwrittten text files can be uploaded for use by ChatGPT. When a file is uploaded, how is that file used by the proprietors of ChatGPT? In other words, is the ownership of those files in any way, transferred to ChatGPT? And, of course, this can begin to beg the question What is the meaning of ownership? If the ChatGPT algorithm creates a new

category, solely from files uploaded by a user/subscriber to ChatGPT, who is the owner of that category?

- 6.) What red flags about AI were raised in the Kissinger, Schmidt and other book? What is the current assessment of the value of these red flags as cautionary guidelines for development of applications of AI?
- 7.) Look into the lexicography of propriety, proprietorship, property.
- 8.) If the business of a single owner is a sole proprietorship, then how in a legal sense is the shared ownership of a partnership or corporation to be assessed? And, does this assessment carry obvious or subtle considerations for the social, political and economic role of a corporation? This raises a host of questions about Citizens United.

[504]

20240722 IC

- 1.) Whenever you say education is about human development and then identify development as skills, knowledge and attitudes along with values, the significant missing piece is the matter of ignorance, and at some level it may be very defensible to say that knowledge includes our knowledge of ignorance in all of its taxonomic categories. That is also to say that the category of knowledge is always incomplete, and an educated person fully understands the limitations of their knowledge and sees those limitations as a worthy challenge if not for them, then respectfully for all other people. For any two people the overlap of their knowledge, we can safely say, egregiously incomplete.
- 2.) No one should be able to say you have to learn this or learn that. For one thing anybody that says that should be immediately challenged to define what they mean when they learn the verb to learn.
- 3.) Any decent thesaurus can provide a robust list of synonyms for the verb to learn. It may be interesting to pursue a list of synonyms and see if discover discovery to discover discovering may or may not be included as a synonym.
- 4.) It would be of further interest to know whether the synonyms for to learn might include development ... interesting knowledge is not a verb is a noun but to know would be a verb, and thus a worthwhile synonym for to learn ... it could be productive to question whether the positioning of to learn and to know might somehow preclude skills and attitudes or values from what we may appropriately consider for human development.
- 5.) What does the SEP have to say about education? This may be particularly germane to the philosophy of education, educational philosophy or educational psychology.
- 6.) How much assessment is done for children of vision and hearing before and shortly after the age of three. How accurate and reliable is this testing. And what evidence exists for its accuracy and reliability. In addition to accuracy and reliability what are other criteria for the efficacy of testing.

- 7.) Critical thinking is a skill and has many facets or dimensions, or elements and is difficult to measure with any precision, accuracy or reliability.
- 8.) Knowledge of emotions or emotional; intelligence is almost always framed as an element or component of knowledge. Accordingly there is attached to emotional intelligence an expectation of rationality and engendering the connection between emotion and our rational thinking reflective, categorizing, pattern seeking, decision making, articulating mental functioning.

[419]

Assumptions

Making an ASS of YOU and ME ... well maybe.

Assumptions are often, perhaps way too often, standing in the way of our development. Maybe there is little more of value to be said. When we assume something about an observation, that observation almost immediately becomes subjective. Its meaning is threatened if not completely obscured by a meaning our assumption attaches like an ugly pimple on the nose of a person we meet on the street or in a conference room. Trying to ignore the pimple, the flaw on a face, is nearly if not quite actually, impossible.

There are likely, probably lessons for writers. When we are reading and encounter a spelling, punctuation or grammatical anomaly we see an error that calls attention; too much attention for understanding. For a beginning or naive reader, these errors alter perception and obscure comprehension and certainly understanding ... SFW?

An assumption is a thing that is accepted as true or as certain to happen, without proof.

Using the definition above, takes the notion a bit far afield from our conversational realities or the day-to-day business of living. Proof itself is too often dependent on assumptions. That is to say, the necessary tendency to fit observations around our prior experiences and the way those experiences are categorized around our usual and customary patterns. New patterns are never easy or comfortable to accommodate.

Existentialism

Pre-twenty and Post-teen Years. The prime time for **emancipation** from oppression and realization of **freedom**.

Where is the interface with faith-based curriculum, the Ten Commandments, Religious Dogma and more?

The meaning of "nothingness" from Sartre is not just or simply about life after death. He seems to imply, in the view of Bakewell, that he attaches other meaning to nothingness in the sense of how it may relate to freedom and obligation in human life (& development?) ...

Notes from Bakewell's beautiful book *The Existentialist Cafe'* Who is Bakewell and where is she currently located?

Reinhold Niebuhr, Paul Tillich, and Soren Kierkegaard. What does SEP have to say about each of these philosopher-theologians?

Where is existentialism in the book by Lakoff & Johnson? In the books of Antonio Damasio?

Linguistics and Existentialism ... Semantics and Semiotics in the practices of phenomenology.
Phenomenology Levels as explicated by Thompson, Evan ... where is connection between Evan Thompson and Ernest Laszlo? Laszlo and existentialism?

20240718 iPad

Bakewell Chapter 9.

The Second Sex had an even greater impact in Britain and America than in France. It can be considered the single most influential work ever to come out of the existentialist movement. .p209.

As she pointed out, woman is indeed ‘other’ for man — but man is not exactly ‘other’ for woman, or not in the same way. Both sexes tend to agree in taking the male as the defining case and the centre of all perspectives. .p214. [man, he, him dominates our language.]

This is why Sartre calls him a saint: where a saint transfigures suffering into sanctity, Genet transfigures oppression into freedom. .p219.

Why should sexual orientation not be like other mostly innate qualities, such as being tall or short — or being extroverted or introverted, adventurous or riskaverse, empathetic or self-centred? Such tendencies seem at least partly inborn, yet even within the terms of Sartre’s philosophy they do not make us unfree. .p226.

In Beauvoir’s view, existentialism is the philosophy that best enables us to do this, because it concerns itself so deeply with both freedom and contingency. It acknowledges the radical and terrifying scope of our freedom in life, but also the concrete influences that other philosophies tend to ignore: history, the body, social relationships and the environment. .p226.

... she repudiated parts of The Ethics of Ambiguity later because it did not fit with her Marxist social theory. .p226.

iPad Book Notes ...

Emotion

Emotional intelligence (also known as *emotional quotient* or EQ) is the ability to understand, use, and manage your own emotions in positive ways to relieve stress, communicate effectively, empathize with others, overcome challenges and defuse conflict.

Emotional intelligence is typically broken down into four core competencies:

- Self-awareness.
- Self-management.
- Social awareness.
- Relationship management.

Emotional Intelligence (EQ) is helpful when it enables a pause to reflect on what has happened

before reacting. An emotional response is typically a temporary event and subsides with passage of time. A delayed response enables rationality to emerge. Being adept at understanding the feelings of both yourself and those of the other person enables analysis of what factors may be at play related to the behavior. An empathetic response involves taking the perspective, experience and circumstance of the other person to foster understanding. It is in this sense that cognition and emotion are brought into a more useful proximity.

Emotional Intelligenece: How we perceive, evaluate, express, and control emotions. [SOURCE: verywell mind.](#)

A presumption of the above definition is that we are able to recognize a distinctive emotional state and that our vocabulary is sufficient to convey what we feel emotionally to another person. Adequacy of vocabulary is of critical importance. This begs the question about how anyone is able to acquire a sufficient vocabulary. Too often our use of language is very imprecise ... it would be really nice to carry around a thesaurus in our head ...

The Book

Only a wee bit of thinking about re-reading and evaluating the publication potential(s). The effort is still far from being out-of-mind.

Questions, Quotes & Notes

Questioning

Why has Open Office defaulted to nonsense regarding the insertion of page numbers”

What are the limits of public ownership?

... of any “public” property? What is, or what make, a property “public”? For that matter, what makes a property “Private”?
Contracts, Deeds, possession, responsibility, acquisition, defense, sequestering ... ? How is freedom related to ownership?

What is an “emotional quotient”?

Quoting

You can safely assume that you've created God in your own image when it turns out that God hates all the same people you do.

Anne Lamott

When a man assumes a public trust he should consider himself a public property.

Thomas Jefferson

Noted

20240726 IC

- 1.) Poverty does not mean just a lack of money. People are impoverished by a host of conditions including but not limited to the matter of personal management. If poverty was only a matter of money society could wipe it out. But when poverty is a highly personal matter it may not be possible for society to effectively do much of anything to ameliorate or eradicate poverty. One may hope that our social system of schooling could make a difference, but unfortunately the way that system is organized along rigid authoritarian lines, I have little or no hope that it can be effective in dealing with the intrinsic, inherent poverty of individuals.
- 2.) Society needs to dramatically change its systems for education. And at the top of the list of things needing change are to drive inequities out of the system by eliminating the major tenets of capitalism, including but not limited to, profits and authority that bring inequality to these systems.
- 3.) Walking noise. Deleted.
- 4.) I'm not sure (that is to say I have serious doubts) that I would pay ten dollars for a personal meeting with Taylor Swift, let alone pay \$100 to sit in the cheap high-gallery seats for one of her concerts.
- 5.) Message sent to Walgreens sent to as a text message Friday morning July 26th : This is very nearly the last straw in my dealing with Walgreens. Yesterday using your automated system, I was led to believe that both of these prescriptions would have been ready by 7 am this morning. Based on that, I walked from my home to Walgreens only to learn that I had supposedly been informed of the need for prescriber approval. That is the message you just sent by voice mail email which I just received. Your system is so far out of whack that I am going to totally reevaluate my involvement not only with Walgreens, but also my primary care provider but also my supplemental Medicare insurance. If you have any reply to this plan to either call me or send an email. I don't want to receive any more of these text messages from Walgreens.

We are our chromosomes and all of the DAN that those chromosomes contain, but we are also much more than those chromosomes that were brought together by mere chance with copulation. That essential social act was only and merely the first social experience that added the qualities of who we are and what we are able to become. Life is becoming and becoming means development. Development begins with conception but it does not end until death. With death there is no more development—there is nothing and there is nothing supernatural to change that reality of life.

I lived and worked in Bayfield County, WI for seventeen years. While I was here I was deeply involved with economic and workforce development as well as several organizations with environmental sustainability as their principle focus. I was an early advocate for the role of capitalism and new business development in dealing with the problems and challenges associated with environmental protection and particularly with the restoration and preservation of the Lake Superior ecosystem. In this capacity I worked with individuals including TREPs that were situated in Madison WI. BayCo is located in the most northern part of Wisconsin and as a

consequence is often neglected by the policy makers who are located in Madison and Milwaukee as well as in the Fox Valley which includes Appleton and Green Bay.

20240724-2 IC

- 1.) this is a new recording with new batteries with new date stamp. OK to GO!
- 2.) The knowledge and skills you need are entirely dependent upon the environment in which you live, work, and play. Your capacity to acquire the requisite skills and knowledge for your environment are, highly, if not entirely, dependent upon the attitudes and values that you bring to a process ...
- 3.) ... the process is a highly personal system of systems, all of which are, for the most part, available to anyone motivated to build these systems.
- 4.) However, it must be recognized that no two individuals will ever require precisely a set of identical conditions or identical sets of conditions. This means that education focused on development of skills, knowledge, attitudes and values, is highly individualized and individuals are an must be independent, that is to say, self-directed about their personal development of skills, knowledge, attitudes and values.
- 5.) Everyone begins life oppressed and not free but the life conditions for everyone should ideally enable emancipation from oppression and the acquisition of freedom, yet this acquisition is limited by the reality or the perception of economic necessity to acquire or achieve and meet the basic needs for life. A basic question then seems to be are provision of basic needs an individual or a societal responsibility. At least two great societal systems with multiple variations have evolved. These systems are called capitalism and communism. The roots of these two systems are, perhaps too often and without sufficient skepticism linked to Charles Darwin and Karl Marx.
- 6.) Within both capitalism and communism competition and cooperation exist and emerge with emphasis by variations. Competition within a social structure is dependent upon acceptable rules. Cooperation may not be rule bound but very likely has to emerge within an ethical standard. Ethical rules or enforceable rules must meet a standard of broad social acceptance and will require consensus and compromise.

[325]

20240722 IC

- 1.) The Abbey — 47 Spruce Place ...
- 2.) Repeated Noise while walking with the IC Recorded in a cargo pocket ...
- 3.) the former Lakes & Legends facility has reopened as ____ not the same ambience but is not open Tuesday through Sunday.

4.) Nothing

The BLOG

Publish & Published

LONet

Video Conference

<https://meet.google.com/avs-rbek-trm>

Reunion, Twin Falls, other activity planned or potentially spontaneous ...

Roots & Shoots

Schools seem to be attacked for all sorts of things lately. Books are being banned in classrooms and libraries; DEI (Diversity, Equity, Inclusion) is off limits; Kids are being told to leave their smart-phones at home; Artificial Intelligence (AI) is castigated as a source of test and essay cheating. I'm waiting for a diatribe warning about Social & Emotional Learning (SEL). Regrettably, understanding our emotions—Emotional Intelligence—is often in short supply. Dealing with our own emotions and recognizing emotions in others may be of critical importance to our social successes as well as our failures. And, it may well be that teaching empathy in a classroom is a fools errand; it has been labeled impossible. Yet empathy should be universally cultivated and acquired. For our youth, schools and classrooms are what society provides to compensate for what is missing in too many homes and other places people gather. Sunday School and a Bible and a Plaque with the Ten Commandments in public school classrooms may not be enough. Our society needs to find multiple sources for cultivating emotional intelligence and those need to extend well beyond the school years in every community.

Jottings:

- While cleaning house, **Dave Lindgren** discovered over a dozen of **Grandma Amy's** braided rugs, folded and rolled in a large plastic bag. He plans to take his collection to Des Moines this weekend for others to take. If you want one or more, send a note to Dave. We have no solid idea how many she made, but the number will easily be in the hundreds. Her daughter, **Irene Lindgren Lessing** took an untold number to Chicago to offer for charity or sale. One plan could be to consider using a rug as a wall hanging, your prize decoration need not be taking up floor space.
- Weather this weekend will be warm but very nice for the reunion. We anticipate a group of around 30 will be in Des Moines on Saturday. Be assured this will be an enthusiastic group of

Lindgren family members and will be joined by member of the **Hill family**, some of whom joined the gathering in Ames last year.

- A side trip for a few will be a visit to the Twin Lakes bible camp and the ancient but still used Covenant Church that was moved there from Swede Bend, Iowa.
- **Jon Lindgren** recently sold his airplane and told us his flight license will now see little use. Remarkably over the years he logged over 4,000 landings. Flight for Jon was safer than delivery of a birthday card to daughter **Ann Unga**. He was greeted by her too enthusiastic Chihuahua, and needed stitches in an emergency room to staunch the bleeding from a wounded finger.
- Double Second Cousin **Jim Carey**, recently retired professor at UC Davis, is a great advocate for Artificial Intelligence (AI) and the ChatGPT application. He recently used it to analyze journal entries he has kept regarding his global travels over the past 30 years; asking ChatGPT to tell him how many miles he had traveled. The result was an astounding 1.4 million miles of travel.
- On Sunday a few reunion attendees will visit the **Gilmore and Hazel Lindgren** farm south of Lanyon, Iowa.
- **Jay Lindgren** is rumored to have a “new domicile” (primary home) in SD, but that he will continue also living in Denver. **Steve Lindgren** follows Jay on Facebook and reports Jay's ventures with his motorcycle and pictures of Jay with lots of wildlife in the background.
- **John Johnson “JJ”** will again join the reunion—flying to and from San Francisco. JJ is the grandson of **Obed Simon Johnson**, the brother of **Amy Lindgren**. We hope that his Delta flight is not troubled by the recent Internet lapse that delayed so many flights.
- **Laura Gardner (Dick Lindgren's daughter)** told about her Grandmother **Hazel Lindgren** was cleaning the old farm house and found curtains that **Grandma Amy** had likely hand sewn. Laura has recently cleaned and restored this treasure depicting a rooster image. We'll hope to get a picture to share in a future Roots & Shoots and on our website www.lindgrenonline.net.

Lighter Side:

*What do you do when a Chihuahua sneezes? **Get a small hankie!***

*Why did the Chihuahua put on a jacket? **Because it was a chili dog!***

*What are the two main differences between a Chihuahua and a German shepherd? **1.) Spelling; 2.)Pronunciation.***

*What is the best kind of dog to ask for directions? **A Chihuahua because it knows all the shortcuts!***

NOT USED:

Too often we consider our traits as inborn and immutable, characteristics that “run in the

family.” Certainly that is almost never the reality of our lives ... change is not only possible it is necessary and should be considered growth and development ... skills from our childhood, riding a bike, swimming but talking and listening, sensing and remembering odors, tastes and even touching are treasured when they suddenly or spontaneously re-appear after years in a place no one understands. Toleration of certain behaviors could have a gender element ... but we don't do this or that because we are either male or female (or gender other) ... we much more likely do what we do because we are human and have become so across a lifetime. Change is never easy and sometime it may well be impossible ... and this may be especially true when the change we really seek or desire is a change in another person. Early in life, while we are highly dependent, change mandated by others (parents, family, neighbors, friends) may actually seem to come pretty naturally ... and it often does ... we call it learning but what is learning ... we used to comfortably say it is a permanent change in behavior! Or not! ... as we grow and develop change can and does become much more difficult ... learning new tricks is tricky ... although the rewards may be huge ... relief often comes from a new circumstance that may be why we value vacation times and finding new relationships with other people. Entertainment as a get-away ... transport to a new expeerience ... understanding is never all about our rational selves and connecting with our emotional beings is always part of our humanity. The emotional component of memory has always been a fascination for me ... we remember much more easily when there is an emotional component attached to our memory (neuroscience evidence?)

Comment on Paul Wellstone crash ... conspiratory and William Kent Krueger ... daylight and good weather ... JFK jr Crash ... late and under pressure that involved flying when he may not have been entirely ready ... Jay's comment on flying ...

Ann's birthday recently ... Jon delivering a card and their chichawawa bit Jon on the finger blood all over the house ... ER administered strong antibiotics ... Comment on Paul Wellstone crash ... conspiratory and William Kent Krueger ... daylight and good weather ... JFK jr Crash ... late and under pressure that involved flying when he may not have been entirely ready ... Jay's comment on flying ...

Ann's birthday recently ... Jon delivering a card and their chichawawa bit Jon on the finger blood all over the house ... ER administered strong antibiotics ...

cleaning sewn with rickrack around the edge ... Rugs were braided ... and sewn together by hand ... rugs may be wall hanging ...

Meeting in Bear's Den at the motel Stoney Creek

... living in car or RV need for domicile address ... Swede Bend and the church at Twin Lakes ... need for a notice ...

calculated using AI ... using plub-in with the paid version ... digitized not always necessary ... upload files is possible. ... summarize the state of a messy counter in the home described objectively ... any picture may be used ... retired but still working on a professional paper ... had a nice party and his kids attended along with close friends and colleagues ... closure ... will be flying to Boston and Prince Edward Island ...

Parking Lot

- 1.) Fix the goddamn page numbering in Open Office and restore the default settings.
- 2.)

Bibliography

Bakewell, Sarah. 2016. *The Existentialist Cafe'*,

Music

Vaughan-Williams. *English Folk Song Suite*. Sir Adrian Boult, conductor.

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