

# Bruce Lindgren's Stack

*A weekly amalgam of curated and original notes piled high and deep.*

## Sunday, 14 July 2024

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**14 July 2024**

## ToDo ...

**Sunday**— ~~Walk \* Listen, Step Outline,~~

**Monday**— ~~Walk \* Listen, Step Outline, Soure' at Hennepin Crpsomg~~

**Tuesday**— ~~Walk \* Listen, Step Outline,,~~

**Wednesday**— ~~Walk \* Listen, Step Outline, IKEA,~~

**Thursday**— ~~Walk \* Listen, Step Outline,~~

**Friday**— ~~Walk \* Listen, Step Outline,, Karen & Jack,~~

**Saturday**— ~~Walk \* Listen, Step Outline, Send Notice BDS, Google MEETS sharing, Web-Work, Google One~~

## Personal Mastery

**Writing**— the mastery of words and language requires daily efforts that are focused. Iglesias has recognized the importance of action verbs in good writing, which is worth cultivating.

*Developing Voice ... forms for ...*

**Booklist**—What are 10-20 books that have been particularly influential or useful ...

**Essay**—This is a literary essay, personally voiced and intellectually rigorous. It is 2,500–3,500 words long (10–15 pages, double-spaced). It should focus on a specific topic (e.g. structure in experimental fiction; trauma and memoir; urban settings in contemporary poetry) as evidenced in your booklist and in your own work. You do not need to admire all of the works on your list; nor are you expected to discuss all twenty selections from your booklist in your essay. The essay is not a "hoop" through which you must jump, it can serve as both a preface to your thesis and as a way of reflecting on your own writing process and on the place of your own work within a larger tradition. SOURCE: UMN Creative Writing Program ...

**Thesis**—The MFA thesis, completed in the spring of your third year in the program, is a book-length manuscript suitable for publication. The minimum length for prose is 120 pages ... published theses at UMN are located in 112 Pillsbury ...

**Walter Mitty**—an ineffectual dreamer, an ordinary, often ineffective person who indulges in the fantastic daydreams of personal triumphs ... The result of the investigation shows that **Walter Mitty is an individual with narcissistic personality disorder** since he shows nine diagnostic criteria suggested by the American Psychiatric Association in DSM-5, such as having a grandiose sense of self-importance; is preoccupied with fantasies of unlimited success, ... he dreams of being **a war pilot, a doctor, a sharp-shooter, and a captain**. In the final daydream, Mitty imagines himself smoking a cigarette while in front of a firing squad. ... daydreams are the complete opposite of his daily life. ... a funny and tragic story ...

Where is the border between a Walter Mitty and a genuine innovator ... grounding in realities of actually doing something worthwhile ... the border in in the bank ... bankers are the border guards ... and, for the most part, they speak and write excellent English, although some have mastered German or French and, of course, a few are of Swedish, Italian or Spanish descent. English dominates the global financial markets with their strategies, records and transactions.

Progress with DISCOVERY will depend on collecting what has been written and re-reading this content.

Pick out someone you admire, merely like or hate and write a sketch of at least three paragraphs and 300 words about them. What are the relevant characteristics? Use as many action verbs as you can to describe what they do.

Mike defied warnings and pushed his Nitro walker onto the escalator. At the top of the escalator, the Nitro collapsed and Mike plunged onto it. Observers were shocked, frightened and moved quickly to help Mike to his feet. He reached for a handle of the Nitro and jerked it to stand ready to assist him again.

## **Research—**

Questioning is the beginning of all research. In the absence of questions, research will not happen. This emphatically means that there is a collection of questions to which there is daily attention and curiosity.

The matter of which comes first, the question or the curiosity is a matter not likely to be easily resolved any time soon. So let's just agree that questions and curiosity are linked ...

### **Exercise—**

Walking 1.5 miles at near daily routine is becoming embedded as a \*good) habit. The value of the habit has yet to be fully determined, if it ever will be fully determined, but it does appear that the time required for walking 1.5 miles is decreasing. It is now around 40 minutes. Accordingly my exercise routine is amounting to about 240-280 minutes per week.

## **Discovery**

Accumulation of a weekly collection of thoughts is going forward. Unfortunately, the use has been very uneven ... perhaps too uneven to be acknowledged let alone useful ... improvements must be ongoing and incremental. This likely means some routine, habitual re-reading of the Notes Log. This time commitment is way too essential to continue to overlook.

Freedom and emancipation are themes worthy of a great novel ... how can this theme become related to the decline of a State University? Why would Reg, or any protagonist, passionately pursue reversals of the decline through alternative pathways that mimic R1 institutions ... How has this happened in Wisconsin and California ... for a select few institutions, including SFSU, SDSU, Stout ... ? generally **warmhearted and gives freely of your time, energy, and sympathetic understanding**. You have tolerance and acceptance of the frailties of others. Universal and humanitarian in outlook. This is very compassionate name.

### **Master Document(s)**

Set up new Master Documents—Weekly seems sufficient ... right at the moment, the Step Outline files could be assembled into Master Documents, converted to OO files and then to PDF files, which would be uploaded to [www.bruce.indgren.com](http://www.bruce.indgren.com) for access using the iPad, iPhone or ChromeBook, as well as the desktop workstation. The PDF should be searchable.

Master Documents could be shuffled to display the subdocuments in an order approximating the order they will appear in the novel. This will, ostensibly, substitute for use of 3X5 cards or the Corkboard in Scrivener.

### **Step Outlining**

**SubfolderL** *Master Step Events*

**Subfolder:** *Master Step Support*

**Subfolder:** ZZ Master Archive

### **A Novel Strategy**

Strategic Doing has been a mantra of mine for what is now well over a decade. Now I will try to apply the principles of Strategic Doing to continuous and continuing progress toward completion of DISCOVERY, a novel.

This recognizes that progress has been made and will continue. Based on reading of David Baboulene and others I have been putting together a Step Outline for the book.

My vision is a book of around 120-150 pages revolving around the fictional characters Reg and Paula Huttering, two accomplished individuals who struggle with a relationship that is complicated by their respective professional obligations and aspirations as well as by middle age fantasies about their lives and the lives of others of their acquaintance.

The Step Outline will identify between 40 and 50 events in which characters energize a plot that has national and even international implications for higher education. These events will divide between three acts or parts for the novel. A general expectation is that around 7-8 events will form Act One and lead to an inciting incident, which will involve Reg leaving Paula abruptly after they have made an attempt to get away and sort out what has been troubling their lives and relationship(s). Act Two will involve a series of 25-30 events with Reg and Paula alternating in protagonistic and antagonistic roles of various sorts leading to a turning point before resolution is possible. Act Three will unravel the tangle of events as needed to enable a resolution for Reg and Paula that enables them each and collectively to proceed with future positive direction.

The events of Act Two will involve university research, faculty relationships, ambitions and frustrations, an administrative quandary over survival of the university (or at least its identity) and outreach to a competitive-sister university in Michigan.

The Step Outline will provide sufficient event details and character relationships to assure that an emerging narrative will flow smoothly and logically, with character-driven action and dialogue that will tell the “goddamn” story. Following Baboulene, I intend to flesh out each event (scene, chapter) with knowledge gaps involving mystery, conflict and frustrations, dilemma after dilemma to sustain reader interest from first page until the last page.

The backstories for the two principle characters as well as several of the minor characters will be delivered through dialogue and character behaviors that will highlight or emphasize emotional considerations that are reflecting the history and values of each character. The Arc for the principal characters will emerge through the events of Act Two. This will intentionally position Reg and Paula to recognize change in their lives as enabling resolution and new directions that may not be perfectly satisfactory but will reflect the realities of their life situations.

The matter of university survival will remain obscure or mysterious but foreshadow a path toward growth in a new direction reflecting the dramatic changes that technologies such as genetics and bio-engineering enable as well as societal changes involving philosophy (existential) and a theology that recognizes the inevitability of secular solutions enabled through individual ideas and initiatives.

## ***Notes Log***

## Short Story

<https://wikis.engrade.com/plottingashortstory>

Character: what does the character say or do? What does the character think or feel? How does the character look? What do other characters think about the character? How does the character make you feel?

Direct and indirect: direct the author tells, indirect the author shows.

Protagonist, antagonist, flat(simple), round(complex), stock (flat, stereotypical)

Character traits are descriptive adjectives. These traits:

Help us understand why characters speak and act the way they do.

Help us understand what the characters think or why they have certain beliefs.

... Characters relationships ... With other characters, with objects, material subjects ...

... Predict what the character might do next.

Help us make inferences and draw conclusions about events in the story.

<http://m.authorstream.com/presentation/michellepark-2769460-12-amazing-facts-steve-jobs/>

## 2024071

*Growth and self reflection. Are linked.*

Massive **misinterpretation** of the second amendment.

**Procedural radicalism.** Transition of democracy to autocracy. Senator Chris Murphy. Put men back in charge per Christian nationalism. Not the nation as we have known it

Stay by with us.

We provide Accelerator organizations with ongoing, highly personalized coaching and carefully tailored management consulting as well as an array of experts in everything from accounting, legal services, board development, fundraising, talent acquisition and retention, organizational development, communications strategy, and measurement and evaluation.

**Gus Speth** writes

The American polity and economy are thoroughly skewed in favor of production, profit, and power at the expense of people, place, and planet.

Trump and the Republicans have skillfully exploited the mother lode of latent American prejudice, fear, frustration, and racism, including blaming immigrants for a host of real and imagined ills.

Bruce Lindgren  
-- www.brucelindgren.com  
From my iPhone

## Existentialism

### 20240716 iPad Book Notes

Bakewell Chapter 8.

[Heidegger] uses the word ‘poetry’ in a broad sense to mean much more than arranging words into verses. He traces it to its Greek root in **poiēsis** — making or crafting — . . . .p184.

We help things to emerge into the light by being conscious of them, and we are conscious of them poetically, which means that we pay respectful attention and allow them to show themselves as they are, rather than bending them to our will. .p185.

[Karl Jaspers] wrote, ‘Heidegger’s mode of thinking, which seems to me to be fundamentally unfree, dictatorial and uncommunicative, would have a very damaging effect on students at the present time.’ .p191.

In his [Emmanuel Levinas’] best-known work, Totality and Infinity, published in 1961, he made the relationship of Self with Other the foundation of his entire philosophy — as central a concept for him as Being was for Heidegger. .p196.

Levinas did more: he turned philosophy around entirely so that these relationships [ Buber’s I and Thou] were the foundation of our existence, not an extension of it. .p197.

Her [Simone Weil’s] last work, The Need for Roots, argues, among other things, that none of us has rights, but each one of us has a near-infinite degree of duty and obligation to the other. .p198.

Iris Murdoch’s notion that a philosophy can be ‘inhabited’. .p1198.

In existentialism, there are no excuses. **Freedom comes with total responsibility.** .p203. It is unclear if this is a statement of Sartre

## 20240717 IC

- 1.) On air, when the audio microphones failed, the pretty face news reporter she grabbed both breasts and almost screamed; “they’re not working.”
- 2.) Nancy Langston and Alex Mac Donalds and Michigan Technological University.
- 3.) Baraga and L'Anse MI
- 4.) Jon Magnuson ordained Lutheran minister deeply involve in Buddhist meditation ans related to Tich Nech Han and whatever branch of Buddhism Tich Nat Han represented. As existentialist philosopher most closely affiliated with the ethical branches involving Lavinias, Weil, Hannah Arendt, Paul Tillich and Reinhold Niebuhr.
- 5.) The Michigan UP university is growing rapidly and expanding its technology transfer flowing from robust research in automotive engineering as well as forestry and water resources. This has been due in no small part to a highly charatmsatic, progressivee and innovative President who came up though the ransks of faculty at the univeristy. He resembled Mike Miller's wife Mary Treton, who involved her husband in community development initiatives including neighborhood finance ...
- 6.) establishing a growth culture at the neighborhood level ...

**Reginald** carries a connotation of powerful person, king, wise domination, smart leadership, clever rulership or thoughtful chief. —meaning "counsel power" also: **Mighty counselor-ruler**. — Ancestry states *The name Reginald traces its origins to England and has a profound meaning rooted in its etymology. Derived from the Old Germanic name Ragnald, Reginald can be roughly translated to advice or rule.* Reginald “Red” Forman was a character played by Kurtwood Smith ... From Reynold, which is of **Norman origin**, from the German ragn, meaning "advice" or "decision" and wald, meaning "ruler".

**Paula**, the girl's name, has **Latin origins** and means “small” and “humble.” At first glance, this name might represent baby so well that you'll imagine you can keep her the same forever. Ironically—or perhaps perfectly—Paula is a diminutive of the Latin surname Paulus. Paulina is a female given name. It is a female version of Paulinus, a variant of Paulus meaning the little. **Paula and Pauline are variants on this name.**

**Surnames**—Historically, *surnames* evolved as a way to sort people into groups - by occupation, place of origin, clan affiliation, patronage, parentage, adoption, ... and even physical characteristics (like red hair). Many of the modern surnames in the dictionary can be traced back to Britain and Ireland.

Overly, Held, Love, Tension (rare, South Carolina, Phoebe Ann Tension, ...) Heath, Hudson, Hawkins, Hill, Hunter, Harper, Horton, Howe, Hart, Hartley.

Paula Dreyer ... Bend OR. A classically-trained contemporary *composer/pianist* living in the Pacific Northwest who **seeks to inspire, include, and connect individuals through music.**

Paulina Szalitówna (25 November 1885 – 7 February 1942), more commonly *known as Paula Szalit*, was a Polish *pianist and composer.* *Paula Szalit* ...

Paula Fan ... A prolific concert *pianist*, Fan performed on five continents and served as **principal pianist** for the Tucson Symphony Orchestra for 31 years.

Word strength and choice should mean daily consultations with a thesaurus ... another habit to cultivate.

**Relationships in a Dialogue:** ask of each participant: What is this really about? How do you feel? Who are we (collectively)? What is the relationship's characteristics?

**Style in a Dialogue:** what does a style convey about a character? What are good books on writing dialogue and what do they say about style?

A struggle over absurdity ... or a quest for freedom ... autopoiesis, emboiment and death without feeling much of anything strongly enough to acquire meaning ... Phenomenon of Man & Teilhard de Chardin ... disenchatment with religious dogma ... making hate a worthy human enterprise ... discovery of a role for hate ...

The attempted assassin of Trump failed. That is fortunate because had he succeeded Trump would have



remained a martyr for demagoguery. Yet it is incorrect to believe that his attempt was driven by the mass condemnation of Trump by those who genuinely fear a potential descent into anarchy and authoritarianism. Trump remains a singular threat to democratic ideals including respect for individual worth and dignity, including an assassins misguided actions. Calling Trump a threat to democracy is no different from ignoring the threat of the continued insanity of our gun laws and lack of recognition that those laws enable and even endorse violence of the most extreme sort. It seems essential that while we genuinely and sincerely attempt to take the sharp edges off of our rhetoric, we continue to advance the importance of democratic ideals, which is what Biden did from the Oval Office on Sunday night. The media had better look inward before attempting to infer some of the same type of mass guilt that accompanied the assassinations of JFK, MLK and RFK. We are not a violent society. We permit and condone violence by a few malinformed and misguided individuals while we perpetuate the insanity of conservative interpretations of the second amendment. Nobody needs or holds a right to use a gun to settle a grievance. The insistence of supporting a “strong” military is merely a case in point.

## 20240704 iPad Notes

M. J. **Abhishaker**, coordinator of Inter- disciplinary Studies at Normandale Community College and lecturer in. English at the

<https://collection.mndigital.org/catalog/p16022coll548:299#?c=&m=&s=&cv=>

[ Gabriel] Marcel’s ‘shell’ ( crispation) recalls Husserl’s notion of the accumulated and inflexible preconceptions that one should set aside in the epoché, so as to open up access to the ‘things themselves’.

He [Sartre] added, in a phrase that reflects his Heidegger-reading at the time, ‘it’s the moment at which the question transforms the questioner’.

Jakob von Uexküll’s studies of how different species experience their ‘environment’ or Umwelt. Whatever the source, Husserl’s new thinking included reflections on what he called the Lebenswelt, or ‘life-world’ — that barely noticed social, historical and physical context in which all our activities take place, and which we generally take for granted.

Body, life-world, proprioception and social context are all integrated into the texture of worldly being. people living in one culture or ‘home-world’ (Heimwelt) meet people from an ‘alien-world’ (Fremdwelt).

Merleau-Ponty’s 1939 discovery of Husserl’s late work was among the most fruitful of these moments of discovery. Largely out of that single week of reading in Louvain, he would develop his own subtle and rich philosophy of human embodiment and social experience. His work, in turn, would influence generations of scientists and thinkers to this day, linking them to Husserl. Bakewell p132.

Moreover, none of it would have survived without a bit of sheer luck: a reminder of the role contingency plays in even the most well-managed human affairs. Bakewell p133.

## .. iPad BookNotes

20240714

Bakewell Chapter 7.

Freedom was the great subject of Sartre's philosophy, above all — and this is no accident — during the period when France was not free. It is central to almost everything he wrote then: *The Flies* (the play that was in rehearsal when he met Camus), the *Roads of Freedom* novels, his many essays and lectures, and above all his masterwork *Being and Nothingness*, which he developed from his years of note-taking and published in June 1943. .p152.

Sartre argues that freedom terrifies us, yet we cannot escape it, because we are it. .p153.

For Sartre, the in-itself and the for-itself are as opposed as matter and antimatter. Heidegger at least wrote about *Dasein* as a kind of being, but for Sartre the for-itself is not a being at all. It is a 'nothingness', a vacuum-like hole in the world. .p153.

Freedom does not mean entirely unconstrained movement, and it certainly does not mean acting randomly. We often mistake the very things that enable us to be free — context, meaning, facticity, situation, a general direction in our lives — for things that define us and take away our freedom. It is only with all of these that we can be free in a real sense. .p157.

[ Sartre] sought to develop a more Marxist-influenced view of human life as purposeful and social. .p162.

After his first trip, Sartre wrote in *Le Figaro* of how black 'untouchables' and 'unseeables' haunted the streets, never meeting your gaze; it was as if they saw no one, and you were not supposed to see them either. .p171.

## Education's Ecology

Anodyne (way) ... not likely to provoke dissent or offense, inoffensive, often deliberately so ...

### ***Economics***

There is no way to divorce economics from the ecology of education.

### ***Student Loans***

The fiasco of college finance and student loans should be investigated to discover who has been the beneficiaries (who actually was advantaged? Students, IHEs, banks, administrators, federal employees, other?) One the face of it, it seems that too many people have been harmed, some perhaps permanently, but the weight of financial burdens they have acquired. If this is true, who is to blame and what rectification is needed and appropriate? Should non-student beneficiaries be required to provide

restitution, compensation, reparations?

One path for investigation that may prove helpful is to look critically at the transactions involving selling and acquisition of loan portfolios. There may be a situation analogous to the housing bubble in the early 2000s that crippled the housing and banking industry, with excess profits and subsidy going to big banking institutions, with the compliance of Henry Paulsen, then Secretary of the Treasury. Massive Congressional appropriations, under the GW Bush administration, were pushed on large banks including but not limited to JP Morgan Chase, now headed by CEO Jamie Dimon.

An analysis of the Student Loan space will likely demand a *working knowledge* of mortgage-backed securities (each student loan representing something akin to a mortgage with a home as collateral, as the student loan is prohibited from default ... ) AND in addition, knowledge of proprietary trading, capital markets (vs. money markets) and marketing making, where a financial institution sets both a bid and ask price for a security with expectation to profit from the difference.

## **Knowledge**

The central aim of education is often considered to be the acquisition of knowledge. However, in Education's Ecology, skills and attitudes as well as social emotional factors are important considerations. It is also apparent that knowledge is not monolithic, that is to say a singular entity without differentiation or subdivisions. Knowledge clearly has a multitude of forms.

Kinds of knowledge, or a taxonomy of knowledge ... could (perhaps minimally) include:

**Working knowledge** (or Practical Skills) involves practical understanding of specific objects, tools or processes related to a professional or proprietary interest. **Expert knowledge** may, in certain circumstances, not be necessary. An additional consideration may be **Tacit Knowledge**.

## **Intelligence**

Intelligence is an attribute generally accorded or attributed to humans and certain animals. It is a component of cognition and involves systems of input and output. These systems can be classified or ranked according to complexity. It is or at least seems clear that sensory inputs are *linked* to motor outputs through mechanisms of the central nervous system. This implies that in some sense a definition of intelligence may lie in the linkages and may well involve not only current but past events of both sensory and motor functions or behavior. The acquisition of experience, then, is a central consideration of intelligence. It may also be said or considered that not all cognition has attributes of intelligence. Contrary to this view would be to recognize that any behavior contributing to survival is unambiguously intelligent—that is to say it is biological. This would, of course, also embrace behaviors that are supraorganismic, occurring in populations and communities in nature.

## **Joseph Stiglitz**

Nobel Prize in economics, 2001, is the subject of a profile by John Cassidy in the current issue of The New Yorker, *Joseph Stiglitz and the Meaning of Freedom*. Stiglitz is the mentor for Paul Krugman

and Amartya Sen, two notable Nobel Laureate economists. Stiglitz has written extensively on a broad range of socioeconomic problems and is currently professor at Columbia University. His current book is *The Road to Freedom*, a play on F.A.Hayak's *The Road to Serfdom*. Stiglitz call for a “**progressive capitalism** and would be emphatically different from neoliberal capitalism. Tax, spending and regulatory policy to reduce inequality , rein in corporate power and develop the sorts of capital that don't appear in G.D.P. : human capital (education), social capital (norms and institutions that foster trust and cooperation), and natural capital ( environmental resources, such as stable climate and clean air, water and productive soils).

The **Democratic Dilimma** may be how to get there before Donalt J. Trump mucks up and over everything—and without Joe Biden. It may well be that democracy is functioned badly by being too little and too late. The wails of the right-wing ultra conservatives have been easy to hear for decades and Democrats have done little, except to piss away opportunities. This is best exemplified by the near total lack of action across five-decades to ameliorate in statutory laws, the flaws of Roe v. Wade. Passage of an Equal Rights Amednment should have been a top, highly visible priority of progressive legislators and their publics. We have likewise pissed away out national economic and natrual resource treasury on a multitude of flawed concepts about international global hegemony involving excess military ventures while ignoring the impacts of humanity on our planet. It is no wonder that some of us conclude that *We Are Fucked!*

Stiglitz is chief economist at the Roosevelt Institute, a progressive think tank.

## Amartya Sen

Sen (b.1933) is a notable philosopher of Indian descent, who was awarded the Nobel Memorial Prize in Economic Sciences, 1998 for contributions to welfare economics and social choice theroy as well as for his writing on the problems of society's poorest members, including but likely not limited to the Indian Caste *Dalit*. Sen and Martha Nussbaum have mutually influenced one another. In addition Sen has been influenced by John Rawls, Ardam Smith, Maynard Keynes, Kenneth Arrow and Pero Srafia.

## Cognitive Testing

What tests are generally used in psychiatry for evaluating the cognitive capacity of patients? How are these tests also used in psychology and sociology?

Metacognition may be an element ...

SEE article in Wikipedia “Cognitive test” and its subtitled “List of Human Tests” and List of Animal Tests” ...

Spectrum of Mental Abilities ... considerations for reliability, validity, length and mode of administration. Training of administrator is also a consideration. Tests may have sub-tests that focus on evolution of different cognitive abilities. The Wikipaida article provides a “small sample of some of the best-known” tests.

**Neuropsychological** test(s)—estimates of peak level of cognitive performance, processes of conducting research into brain function ... Categories include: intelligence, memory, language, executive function (~20 forms), visuospatial, dementia specific, multiple function batteries (~15 forms),

**Embodied Cognition**—state and capacities of the organism's bodily functions ... eg; perceptual positioning, neuromuscular status (proprioception), endocrine, cardiovascular, peripheral autonomic, digestive-excretory, etc.

## **IQ Tests**

**Wechsler** testing involves various forms for preschool to adult. These tests include assessments of: verbal comprehension, perceptual reasoning, working memory and processing speed. Children age 4-7.5 are tested for: coding, comprehension, matrix reasoning, picture completion, picture concepts, similarities, symbol search, vocabulary, and word reasoning.

## **Cognitive Development**

Cambridge Neuropsychological Test Automated Battery.

Cognitive bias ...

Pimsleur Language Aptitude Battery ...

Porteus Maze test

Consensus based assessment—knowledge organization, knowledge hierarchies

Memory testing—iconic, long-term, short-term semantic, episodic, visual, working,

Self—assessments of intelligence, Rouge test, Mirror test, metacognition, Sally-Anne test (theory of mind, autism communication difficulties,

Thought —mental chronometry, neurological tests,

**Animal Teesting**— memory (short, long, working) Attention, Executive Control, Motivation ...

## **Neighborhoods**

### **Rent Control & Housing Regulations**

Housing status cannot be discounted in assessments of a neighborhood and its perception of socioeconomic conditions and relative status ... provision for adequate housing is fraught and this is clearly exacerbated by the tenets (dogmas) inherent in the practices of capitalism ... banking, insurance, public policy including finance, access (urban v. rural, deserts of food, services, etc.) ... added to this mix is political pressures from ideological stances such as libertarianism, progressive

charitable standing, Christian fundamentalism and protestant ethic, as well as extreme expressions of humanism and humanitarian philosophy and human rights realities and perceptions ...

Bryan Caplan ***Build, Baby, Build: The Science and Ethics of Housing Regulation***. A graphic novel ... Physical presence of workers v. Telework ... advocates for deregulation ... don't prioritize, take what you can get ...

Panelist / Interviewer **Megan McArdle** — Book? CSPAN2, BookTV ... WaPo Columnist who now (or formerly) lives in San Francisco, Union Market area ... Quality of Live and Libertarian ideology ... social capital exceeds financial capital among renters in many areas but is eroded as people move ... Political challenges are NOT Intellectual Challenges Congestion Pricing ... Political Motivation and the irrational voters. Finding some connection with self-interest ... income is terrible predictor of which party is supported. Philosophy is often so half-baked ... little heed for laws of nature ... rent-control ... getting a change in people's philosophy is really, really hard. Power of CATO ... Peter Goettler Cato Institute President & CEO ... for a book to make things better is or requires a bit of luck ... Questioner: building more houses will increase prices ... When a house was originally built it was much nicer that it became two decades later ... amenities increase with building new homes and neighborhoods ... musical chairs analogy ... people think contextually and locally ... hard to convince people that the solution to housing shortages is to build more housing ... land use policy can be barrier ... fertility and relationship of housing and income ... zoning and housing costs ... children and living with parents ... not just culture ... building more housing undercuts immigration ... Paul Krugman is great on housing ... Libertarians think that if you have a good argument you will win people over ... Environmentalists prevent building open housing to accommodate homeless people ... slamming conservatives and libertarians by Hollywood movie makers ...

## Communication

*three conversations: practical (What's this really about?), emotional (How do we feel?), and social (Who are we?).*

SOURCE: Duhigg book Supercommunicators.

## Our Collective Values

This is important essay fodder.

## The Book

No progress and scant attention during the past week. Although I must say that the book is never far from my mind, even to the point of occasionally thinking that abandoning DISCOVERY efforts may be needed to advance some form of publication for the Education's Ecology book.

## Questions, Quotes & Notes

### Questioning

How is it possible to advance the societal importance of questioning? Are schools somehow or somehow missing the boat? Would "Make Just One Change" be a useful global strategy for schooling?

### Quoting

*Quality is not an act. It is a habit.*

Aristotle

*Excellence is not an exception, it is a prevailing attitude.*

Colin Powell

### Noted

#### 20240719 IC

- 1.) Trying auto function on the Sony IC model. Not Found.
- 2.) Royal Disaster ...
- 3.) Media it is more and more appropriate that members of our civic society write large understand that ...
- 4.) the only way a media outlet makes any money is when someone listens and purchases the products that are being advertised. In other words, media cannot sustain itself without maintaining a following of viewers and listeners. They do this by orienting their programming to what viewers like and choose to like. This means that the media producers and all of the people those producers hire are committed to maintaining an audience.
- 5.) As far as I'm concerned the sound of a Harley Davidson is a signal about the presence of an asshole.
- 6.) She majored in French and quite by accident became a news photographer.
- 7.) Try spelling photographer as fertagrafur.
- 8.) The helping and healing humanity goes far beyond any vocational choices and ostensibly, on the face of it, could involve all but just a few human pursuits. Nevertheless, deciding what to include in a list of helping and healing professions or occupations is daunting to say the least.
- 9.) Parenting is neither profession nor occupation and we know it is all too easy to omit or neglect involvement as a parent, yet without attachment to a caring aka, loving, adult it is extremely difficult for a child to find a satisfactory direction in life. Regardless of the social political economic or faith-based circumstance in which the child lives, grows and develops to become a

fully free and emancipated adult. The role of schools in child development is egregiously overrated. AND, may be unnecessary, particularly since a multitude of alternatives to schools and schooling could be advanced by a society that genuinely cared about nurturing their children.

- 10.) I believe it would be possible to take any 3,4 or 5 randomly selected headlines from Education Week and create a powerful case for eliminating schools and installing an alternative paradigm for education.
- 11.) The current paradigm for education, schooling, dominates an ecosystem for education that is demonstrably failing our society. I will argue that this failure is ... [a consequence of an entrenched bureaucratic authoritarian structure that has evolved with little or no philosophical backbone, beyond the pragmatism of John Dewey, who afforded to schools a role of caretaker for democracy, laudable but flawed by grading and grouping, which has no worthwhile foundation(s) to guide growth and development of children. It is and was merely socially convenient. Perhaps because of its tangible flaws it has never been fully supported by the society that dominates it. An authoritarian system can never be democratic. The only place in society for undemocratic domination is at the level of parenting and family, and even that is highly suspect. The suspicion rises sharply and steeply when religious leaders attempt to manage and manipulate what parents choose to do. Thus a paradox arises that society has been unable to even envision let alone struggle to find solutions. Clearly there is not a single solution because parenting is not and can never be monolithic.
- 12.) Is there any literature to support a hypothesis that local injection of VEGF could have a salutary effect on the growth peripheral around an artery that has been blocked fully or partially by natural development such as atherosclerosis?
- 13.) Perhaps what we need in the world actually is an anti-capitalism movement. This would not be a movement to adopt any other economic systems such as communism or feudalism, but would take the principle of monetary growth that is embedded in capitalism and turn it on its head. This could or should happen as individuals and the corporate holdings of individuals grow to the point of exceeding some arbitrary or magical limit that would be imposed by society. When this happens extremely high wealth individuals that is extremely high net worth individuals would be mandated by law to invest a growing percentage of their wealth in community based capitalism community-based banking that would use the funds to enable business growth of new firms proprietorship, partnerships or corporations. The lending institutions from these extreme high net worth individuals would compensate at a very low interest rate, perhaps even less than 1% per annum. This would not deprive anyone of their luxury yachts or private aircraft but their mandated contributions would be high enough to pinch their holdings noticeably, for instance, an individual with a net worth of \$100 billion or perhaps more realistically \$10 billion may be mandated to donate 10% of Net Worth on an annual basis to this community banking initiative. A 1% return on each billion dollar contribution ( a social investment ) would amount to ten million dollars per year—not a trifling sum for any individual. Almost regardless of their current lifestyle and the way they have deployed and used their enormous net worth. It seems to me that this scheme could expand or be scalable from individuals with net worth over \$1 billion to individual with over \$100 billion,



of which there are now a few in the US and a few more elsewhere in the world.

- 14.) The documentary film *Origins*, and the book *Caste* by Isabel Wilkerson is at base a story about being—growing, living, existing—with dark- or black-skin in America. It shines new light on how we think about racism. This is clearly evident from the opening scene in which a young black man, hooded and talking into a cell phone, is followed while walking in a neighborhood that is on the face of it, primarily white. The young man Trayvon Martin is shot and killed. Isabel Wilkerson, an accomplished author and journalist, is recruited by a major newspaper to tell the story of Trayvon Martin, which she declines, but leaves her toward uncovering how America has perpetuated a system that is not unlike Caste systems throughout the world and in particular involves the Dalit of the Asian subcontinent of India. This is depicted graphically through scenes filmed in India.

## 20240718 IC

- 1.) Check into Ameriprise Financial 901 3<sup>rd</sup> Ave and also the 222 building on 9<sup>th</sup> and 3<sup>rd</sup> Ave.
- 2.) How may it be possible to draw people out of their homes and apartment to begin participating engage in conversations that involve the people of their neighborhoods?
- 3.) Cliff Johnson may be in a better place, but I don't want to be in that place, yet!
- 4.) Too many people, millions of people, have opted for a demagogue rather than for dialogue.
- 5.) My decided preference is classical music before urban jungle music.
- 6.) Look into the connection between VENN and FOX which the Vennn Brewing Company uses as a symbol or icon.
- 7.) Look into the insulin TOR pathway, and how is it different from mTOR pathway. Are there other Target of Rapamycin pathways?
- 8.) The notion of pathways in metabolism is not new. It was the subject of a Scientific American article by David Green head of the Enzyme Institute at UW in the early 1960s, entitled Enzymes in Teams.
- 9.) That is simply a recognition that the product one enzyme reaction becomes the substrate for another enzyme-catalyzed reaction.
- 10.) Why do conservative republicans find DEI so frightening or even abhorrent as a worthwhile social initiative?
- 11.) How does the Heritage Foundation's 2025 document address the matter of DEI ?
- 12.) Where is it possible to obtain the 2025 document in entirety and in a form that is searchable?
- 13.) Where is the progressive, liberal rebuttal of the Heritage 2025 document?

- 14.) What topics are addressed in the Heritage 2025 document?
- 15.) What justification does the Heritage Foundation advance to support the assembly and publication/dissemination of the 2025 document? What editorial constraints were or were not exercised by the Foundation's Board of Directors or by an editorial function approved through the Foundation's Board?
- 16.) When Paul first started at RU and for several years almost a decade, she was a very, very popular instructor. But then slowly things began to change and Reg noticed that her comments about other faculty members were more pointed, less enthusiastic less encouraging and she would remark about how their outside interests seemed to be making for less enthusiasm for their work in the music department at RU.
- 17.) A frequent complaint was about the time available for professional pursuits, for instance, one faculty member had actually composed a piece for quartet and chorus but had no enthusiasm for either revising it or having it performed. Another seemed almost constantly troubled by matters of spirituality. His particular specialty was hymnology and the origins of hymns but that study just seemed to draw him into more negativity about his own specialty of choral music.
- 18.) What are the criteria used for pulling the plug on downtown businesses and examples like Marshalls and Nordstroms right on the Nicollet Mall.
- 19.) The considerations for a large national chain like Nordstroms or Marshalls has to be different from that of a small storefront businesses, like vendors of jewelry or food and have a local following. So what happens when the local following diminishes?
- 20.) Closure of Eli's is probably a good case in point regarding a storefront even as it is part of a small local chain with three restaurants.
- 21.) Compare Eli's with Butcher and Boar which is also local but much higher end and part also of a local chain.

## Google Cloud

Speech-to-Text ... contacted via Chat at around 8:20 with this: I am interested in Google Cloud Speech-to-Text. How do I subscribe? My contact was #15 in the cue.

Additional Questions: Can the service produce an editable text file from an MP4 document already stored in my Google Drive account?

How can I receive text from MP4 files stored on my SSD locally?

What procedure should be followed for a locally stored MP3 file?

How is the service billed?

**20240715 IC**

- 1.) Parental commitment to teaching a child a special skill that will enable them to grow their confidence for freedom and emancipation.
- 2.) Joe Maur's father and Bogerding's mother come to mind, along with Archie Manning but there must be many, many other examples. And, of course the *teaching* is often not by design but by example.
- 3.) What are the seven habits of highly successful people and how do these habits emerge as skills, knowledge and attitude.
- 4.) What are the existing tests of cognition and cognitive ability that are used by psychiatrists, psychologists and social workers to evaluate patients and clients.

**20240714 IC**

- 1.) investigate Dragon Naturally Speaking and any Open Source alternatives.
- 2.) Education is the discovery of self and the practice of freedom, which unfolds across a lifetime.
- 3.) Schools are an imposition on the freedom of individuals this imposition is considered necessary and socially justified because parents are not fully trusted nor are they qualified to fully support the growth and development of their offspring to assure that they will become significant contributors to the socially good values of society.
- 4.) Socially accepted values of society are determined by individuals and groups that follow the leader.
- 5.) Social leadership emerges from individuals or organizations that individuals lead ...
- 6.) organizations build strength based on the leadership of the organization and the strongest organizations possess difused leadership that is highly collaborative and capable of individual thought by individuals who have achieved personal mastery for specialized contributions, possess sound mental models, consistent with a reality that exists independent of the organization but is molded and modified by an evolving or changing vision that is acceptable within and for any systems acceptable for the operation and perpetuation of the organization.
- 7.) Organizational leadership must assure an ongoing renewal of physical and cognitive resources that sustain emotional stability and spiritual integrity. These organizational attributes are the accumulated result of skills, knowledge and attitudes that leadership is able to assure persists for the organization.
- 8.) It is the details of skills, knowledge , attitudes and values that sustain an organization or sustain the values inherent in any organization.
- 9.) When an organization is only able to attach quantitative values measured as assets minus liabilities, its contribution to society is too narrow and unworthy of an ongoing social subsidy.
- 10.) The social or societal subsidy of an organization is best measured though rarely

measured by its qualitative contributions to society as a whole. It is for this reason that society must collectively adopt qualitative statements of values.

- 11.) The above points could be integrated in an essay entitled “Our Collective Values.”
- 12.) perhaps a new subtitle for Education Ecology should be Our Collective Values.

## ***The BLOG***

### **Publish & Published**

Nothing new published this past week.

## ***LONet***

Reunion Preparation details confirmed with Dave and Steve.

Google One (Cloud) Speech-to-Text ... enrollment and payment, how to use for Google Meets audio track,

## **Video Conference**

**BDS 20231026 Meet** ... file currently on Google Drive ... not yet downloaded ... translating Spanish to English ...

Next is July 23<sup>rd</sup>, another Tuesday ...

## **Roots & Shoots**

When to publish in July? The normal date of the last Friday would be July 26 and the date for travel to Des Moines. Best would be to go ahead with this date but do it early on Friday morning so it is DONE!

## ***Parking Lot***

- 1.) Check with Wyatt about the golf clubs.
- 2.) On Google Drive Create a new folder to contain all DISCOVERY documents ...
- 3.)

## Bibliography

Duhigg, Charles. 2024. *Supercommunicators: How to Unlock the Secret Language of Connection*. Audible Book purchased.

Big Action Books. 2024. *Exercise Book for Charles Duhigg's Supercommunicators, Exercises for Reflection and Processing the Lessons*.

*Come inside a jury room as one juror leads a starkly divided room to consensus. Join a young CIA officer as he recruits a reluctant foreign agent. And sit with an accomplished surgeon as he tries, and fails, to convince yet another cancer patient to opt for the less risky course of treatment. In Supercommunicators, Charles Duhigg blends deep research and his trademark storytelling skills to show how we can all learn to identify and leverage the hidden layers that lurk beneath every conversation.*

*Communication is a superpower and the best communicators understand that whenever we speak, we're actually participating in one of three conversations: practical (What's this really about?), emotional (How do we feel?), and social (Who are we?). If you don't know what kind of conversation you're having, you're unlikely to connect.*

*Supercommunicators know the importance of recognizing—and then matching—each kind of conversation, and how to hear the complex emotions, subtle negotiations, and deeply held beliefs that color so much of what we say and how we listen. Our experiences, our values, our emotional lives—and how we see ourselves, and others—shape every discussion, from who will pick up the kids to how we want to be treated at work. In this book, you will learn why some people are able to make themselves heard, and to hear others, so clearly.*

*With his storytelling that takes us from the writers' room of The Big Bang Theory to the couches of leading marriage counselors, Duhigg shows listeners how to recognize these three conversations—and teaches us the tips and skills we need to navigate them more successfully.*

*In the end, he delivers a simple but powerful lesson: With the right tools, we can connect with anyone.*

SOURCE: Amazon Book Description

Bakewell, Sarah. 2016. *The Existential Cafe'*

Mueller, Anna & Seth Abrutyn, et al. . 2024. *Life Under Pressure: The Social Roots of Youth Suicide and What to Do About Them*. Kindle \$9/99 ...

Mueller is a Public Health Scientist. Pain of not measuring up ... focus on youth suicide ... Story of a young person called Madison ... stress and high pressure atmosphere ... weight of parent's expectation is not the weight of the world. College scholarships and extracurricular engagements ... parents may prioritize mental health but don't recognize the consequences of pressures ... divide with parents is itself stressful ... belief about being "good" or "matter" Hard for parents to see the harm of pushing their kids toward "the good life."

Chemaly, Soraya. 2024. *The Resilience Myth: New Thinking on Grit, Strength and Growth After Trauma*.

Interviewed on CSPAN2 by Judith Saltzbert U. Penn Postive Psychology Instructor & Curriculum Developer.. dealing with early stage breast cancer. Pressure to stay positive ... opposite of resilience is loneliness, pressure and stress, ability to express negative feelings affects illness perpetuation. Language around breast cancer is so challenging ... battle, fight, dominate the illness, we need different ideas about how to think about illness ... militaristic ideals and adversarial stance ... how else can the problem be deconstructed. Language matters. Conceoltions of our bodies and feminist perspectives, ... body as solid vs. body as water on a watery planet ... skin is a bridge ... trauma borne in denial ... resilience is internal quality and habit of mind but we all have soft points so resilience must be thought of as embodied.

## Music

Arensky. *Fantasia On Russian Folksongs, Op.48*. Dmitry Yablonsky, conductor. Piano & orchestra?

Mozart. *Symphony No.31 in D Major*/Paris K297. Neville Marriner, conductor. Amsterdam Baroque Orchestra.

Rossini. *String Sonata No.1 in G Major*. Neville Marriner, conductor. Berlin Philharmonic Orchestra.

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